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# Scaling Culture Change With Ally Skills

— Valerie Aurora —  
Frame Shift Consulting

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# Talk metadata

Slides: <https://frameshiftconsulting.com/speaking/#culture>

Live-tweeting? Use **@frameshiftllc**

# Format

Introduction

What is an ally?

Why should allies take action more than targets?

Some ally skills

Embedding ally skills in your engineering culture

Q&A (20 minutes long, write on index cards)

# Who am I?

Founder Frame Shift Consulting

Co-founder and executive director of the Ada Initiative, non-profit for women in open tech/culture

Lead author of a code of conduct used by thousands of conferences



Valerie Aurora

# Who am I?

10+ years volunteer work with international feminist groups

Taught ally skills to 2000+ in Spain, Germany, Australia, New Zealand, Ireland, Canada, Mexico, and U.S.

Linux kernel and file systems developer for 10+ years



Valerie Aurora

# Most tech companies are biased

**Twitter users are diverse but not its staff**

Facebook's Diversity Report Shows Gains For Women, But Workforce Remains Very White

**Google is still mostly white and male**

That's according to the latest diversity report.

# Ending bias requires company culture change

“If you always do what you’ve always done, you always get what you’ve always gotten.”

— *Jessie Potter*

# Culture change is faster when powerful people act





# Powerful people can change culture faster

When people with more privilege and power act in support of people with less, that's ally actions

Teach people ally skills to help them take more ally actions

# Reward ally actions to change culture more quickly



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# What are ally actions? Some terminology first:

**Privilege:** an unearned advantage given by society to some people but not all

**Oppression:** systemic, pervasive inequality that is present throughout society, that benefits people with more privilege and harms those with fewer privileges

## More terminology

**Target:** someone who suffers from oppression (also called "a member of a marginalized group")

**Ally:** a member of a social group that enjoys some privilege that is **working to end oppression** and **understand their own privilege**

Actions



# Example

**Privilege:** The ability to walk into a convenience store and have the owner assume you are there to buy things and not steal them

**Oppression:** The self-reinforcing system of stories, TV, news coverage, and legal system stereotyping Black people as criminals, that benefits non-Black people and harms Black people

# Example

**Target:** Any Black person who wants to enter a convenience store

**Ally:** A non-Black person who donates to legal system reform organizations, actively objects to racist stories, calls their representatives to support police reform, and reads news articles about this privilege

# What's wrong with culture change today?

Most work is aimed at changing behavior of **targets**

Less work is aimed at changing behavior of **allies**

# Examples of culture change efforts

Volunteer-run affinity groups

Travel scholarships

Advice books aimed at targets

Volunteer-run mentoring programs

Recruiting outreach

Conferences for marginalized groups



AdaCamp Portland  
CC BY-SA Jenna Saint Martin Photo



# Reasons to focus on changing target behaviors

Targets directly benefit from change and are more self-motivated

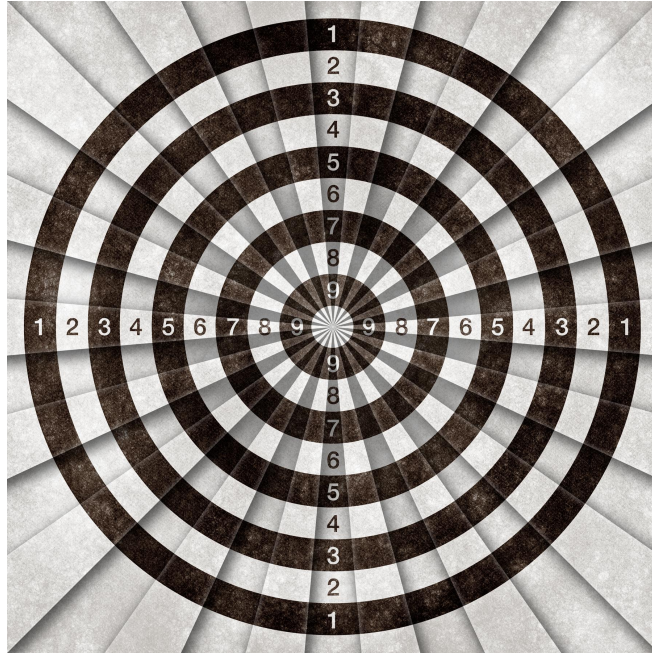
Targets are often more aware of oppression

Targets are often lower status and easier to tell what to do

Targets as seen as the cause of the problem

Avoids confronting feelings of guilt in privileged people

# What's wrong with focusing on targets?

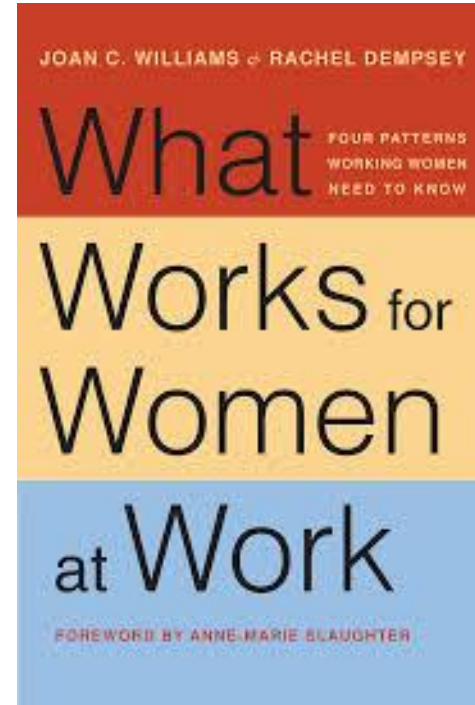


CC BY Nicolas Raymond  
<https://flic.kr/p/eeZ2WB>

# Targets are overworked



© RKO Pictures



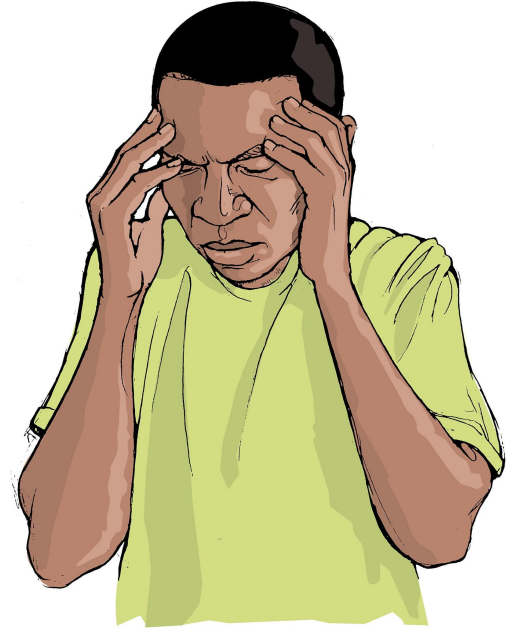
# Targets are under more stress

Discrimination

Harassment

Abuse and assault

PTSD



# Targets have less money

87%: Asian women vs. white men

79%: Lesbian couples vs. men married to women

78%: white women vs. white men

73%: Black men vs. white men

73%: mothers vs. fathers

66%: trans women vs. their pre-transition income

65%: Black women vs. white men

63%: people with disabilities vs. those without

58%: Latinas vs. white men

More likely to have unpaid caregiver responsibilities



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# Targets are more likely to suffer retaliation

"[...] Ethnic minority or female leaders who engage in diversity-valuing behavior are penalized with worse performance ratings; whereas [ethnic majority] or male leaders who engage in diversity-valuing behavior are not penalized for doing so."

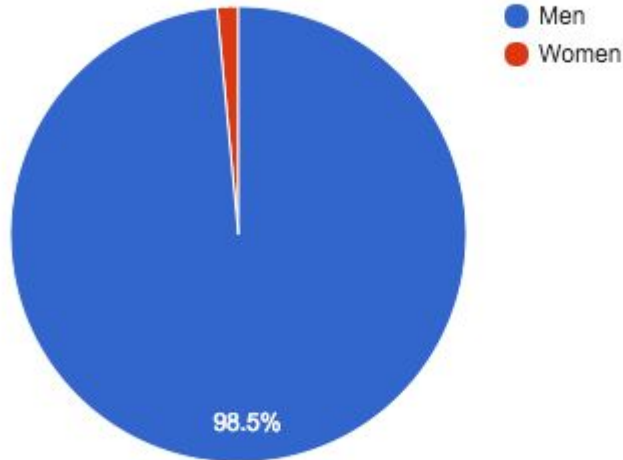
David Hekman, Stefanie Johnson, Wei Yang & Maw Der Foo, 2016

Does valuing diversity result in worse performance ratings for minority and female leaders?

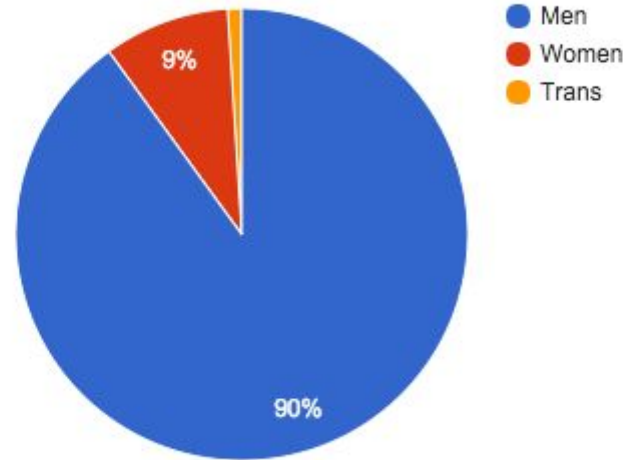
<http://amj.aom.org/content/early/2016/03/03/amj.2014.0538.abstract>

# Targets are often in the minority

Gender of open source contributors (2006)



Gender of Wikipedia editors (2011)



Sources: *Second 2011 Wikipedia Editor Survey*, *FLOSSPOLs report*

# Targets have less power and influence

< 2% of Fortune 500 CEOs are Black

< 7% of Fortune 500 CEOs are women

Smurfette Principle (Katha Pollitt)

“The probability that a woman occupies a top management team position is 51 percent lower if another woman holds a position on the same team.”

<http://onlinelibrary.wiley.com/doi/10.1002/smj.2461/full>



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# Targets are seen as whiny, complaining, jealous

A response to my publication of the example conference code of conduct:



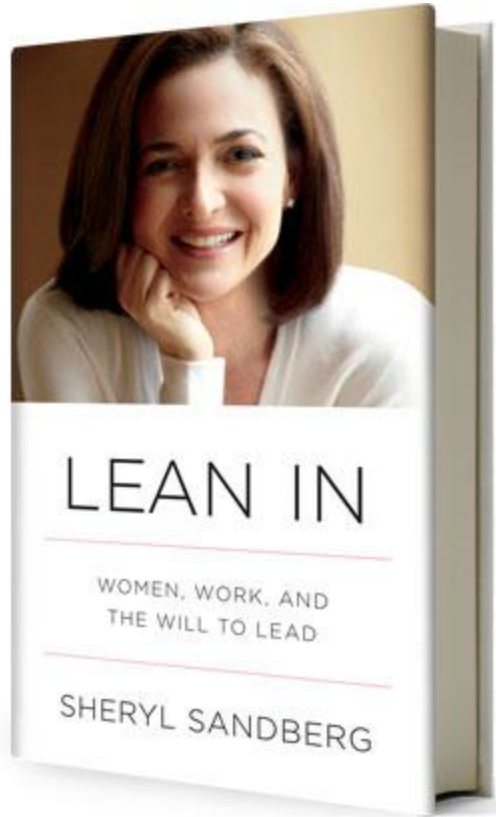
Question...

2010/12/06 at 2:39 pm

So... do you actually code anything or contribute to the open source software / hardware community in any tangible way or do you just bitch and moan about having a period and write conference conduct policies?

It is a legitimate inquiry.

And yet...



Trans\*H4CK



[mothercoders]

# Books/non-profits/organizations for allies in tech

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# Reward ally actions to change culture more quickly



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# Allies have more time and energy



CC BY Nick <https://flic.kr/p/5bt6cp>

# Allies have more money



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# Allies are often in the majority



CC BY Senorhorst Jahnsen <https://flic.kr/p/5QSiBv>

# Allies have more power and influence



CC BY Chris Brown <https://flic.kr/p/6kMMhW>



# Allies are seen as altruistic, giving, kind



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are rewarded  
Allies ~~aren't~~ harmed for “diversity-valuing behavior”



# What do good ally skills look like?



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# Calling out the executive making sex jokes

"Wow." "That was awkward." "You just made it weird."

Figure out who has power or influence over the executive:  
another executive, a friend, the board of directors

If HR won't fix it, take it to the press (see Uber)

Don't make a target take it to the press

# Banning white supremacists from your product

The Paradox of Tolerance:

1. A tolerant society should be tolerant by default
2. With one exception: it should not tolerate intolerance itself

[https://en.wikipedia.org/wiki/Paradox\\_of\\_tolerance](https://en.wikipedia.org/wiki/Paradox_of_tolerance)

Start this conversation and don't let it drop

# The Intolerable Speech Rule

Ban people from using your products if they are:

1. Advocating for the removal of human rights
2. From people based on an aspect of their identity
3. In the context of systemic oppression primarily harming that group
4. In a way that overall increases the danger to that group

<https://bit.ly/intolerablespeech>

# Reforming the hiring and promotion system

3 step process from UC Hastings WorkLife Law Center

1. Use metrics
2. Implement bias interrupters
3. Repeat as needed

Detailed list of bias interrupters for workplace systems:

<http://biasinterrupters.org/>

# More ally skills in the Ally Skills Workshop

3 hour discussion-oriented workshop

Teaches practical ally skills

<https://frameshiftconsulting.com/ally-skills-workshop/>



# Why reward ally actions?

Employees do what they see co-workers get promoted and paid for

People often do D&I work and get zero reward or punishment

Some people persist, most get burned out, all feel betrayed

# Add ally actions to formal promotion criteria

Create formal promotion criteria requiring ally actions

Create method to reward past D&I work in next promotion cycle

At IBM, mentoring is a "heavily weighted performance metric" and required for promotions

<http://www.diversityinc.com/mentoring/why-mentoring-is-not-an-option-at-ibm/>

# Link D&I goals to individual compensation

Intel linked manager compensation to meeting diversity hiring goals - and is ahead of schedule

Microsoft is following suit

<http://fortune.com/2017/08/15/intel-ceo-in-new-diversity-report-lets-turn-this-tragedy-into-action/>

<https://www.theverge.com/2016/11/18/13681738/microsoft-diversity-goals-executive-bonuses-women-in-tech>

# Push out employees who oppose equality

Some people benefit from discrimination and bias and don't want a shift towards equality

Often employers worry about these employees leaving

You should be thrilled when they quit!

People who want to discriminate against co-workers should be managed out

# What about rewarding targets doing D&I work?

Yes! Do it! But you are unlikely to do so until your systems are fixed

Set up incentives for the most powerful to reform the people and systems

Your goal is to create a system where targets are fairly compensated and promoted for all of their work

# How to learn ally skills?

Follow [@frameshiftllc](https://twitter.com/frameshiftllc) on  
Twitter for book-related news

I teach an ally skills workshop

Materials freely reusable;  
train-the-trainers also available

Being taught at Google,  
Square, Airbnb



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## In conclusion

Most diversity and inclusion efforts focus on targets

Targets have less time, energy, power, and influence

Allies have more ability to make change

Reward ally actions to change your culture more quickly

# Q&A

Valerie Aurora

Frame Shift Consulting

<http://frameshiftconsulting.com/ally-skills-workshop/>